

YES Newsletter—April

Get to know your YES Clinical Committee Member: Mina Farahani, MD Spindel Eye Associates, Southern New Hampshire Instagram: minafarahmd, Facebook: facebook.com/SpindelEye

Why did you go into ophthalmology?

I observed my first cataract surgery as a medical student on an away rotation in Prague. Even though I could not understand a word of Czech, seeing the surgery itself and then the incredibly happy and grateful postop day 1 cataract patients left an indelible impression on me. I knew instantly I wanted to help patients regain their vision and independence. The intricacy of the surgery itself was also astonishing to me at the time. It can be easy to forget about the high level of delicacy required with surgery in our day-to-day, busy clinical and surgical lives. Every now and then a patient puts it in perspective for me when they say, "You are planning on doing all of that by hand?!" after I walk them through the general steps of surgery on an eye model.

If you weren't an ophthalmologist or even a doctor, what career would you like to try?

I have always been fascinated by ancient



history, especially ancient Roman, Egyptian, and Greek history. As a kid, my favorite movie was *Raiders of the Lost Ark*. I can spend hours in ancient history

museums, wanting to read every caption on every artifact. I could still see myself being an archeologist. In the meantime, there are many interesting documentaries on Netflix, like *Secrets of the Saqqara Tomb*, that scratch that itch for me. Egypt is on my travel wish list.

What do you look forward to most at the ASCRS Annual Meeting?

ASCRS is hands down my favorite meeting of the year. Nothing beats reconnecting with colleagues in person. I know that I will be exposed to the latest updates and techniques that I can apply to daily practice. In particular, I am looking forward to hearing about updates on injectable cell technologies for corneal endothelial disease. I was so excited that ASCRS was in my home base this year so I could show my ophthalmology

colleagues and friends around the city. There is lots of great history wherever you turn in Boston.

What's your go-to movie theater snack?

For as long as I can remember, I always get Raisinets at the movie theater.

ASCRS Grand Rounds Accepting Case Submissions from Residents and Fellows

For the first time ever, <u>ASCRS Grand Rounds</u> is hosting an open call for case submissions from residents and fellows, but only for a limited time. The deadline to submit is Monday, May 20!

<u>ASCRS Grand Rounds</u>, moderated by Soroosh Behshad, MD, and Nandini Venkateswaran, MD, is a virtual, complimentary CME offering that brings the experience of a live grand rounds to your home or office. Each episode is approved for 1.0 *AMA PRA Category 1 Credit*TM.

Submit your interesting or challenging case to this important educational program.

Are You Near New York City?

Register to Attend This ASCRS Live! YES Event

<u>ASCRS Live!</u>, a new regional dinner series coming to nine U.S. cities in 2024, is <u>preparing to head to New York City</u> in May. The primary focus at each event will be refractive cataract surgery along with a secondary, rotating topic.

There will be a YES-specific dinner on Friday, May 17, with faculty Brenton Finklea, MD, Lela Raju, MD, Aakriti Garg Shukla, MD, and Richard Tipperman, MD. <u>Register now!</u>

ASCRS Live! dinners are targeted to a smaller audience and open to local ophthalmologist members and nonmembers. Each event will include ample time for open discussion and questions.

Not in NYC? Check out the city lineup and stay tuned for more information about each in-person networking and learning opportunity on the <u>ASCRS Live! website</u>.

ASCRS On Demand Live for Annual Meeting Registrants

<u>ASCRS On Demand</u>, a post-meeting resources that captured more than 200 sessions, is available for YES members who registered for the ASCRS Annual Meeting.

Learn more about ASCRS On Demand and how to access content <u>here</u>. Thank you to all who attended!

Take Advantage of These Educational Opportunities with ASCRS

- <u>YES Connect webinars</u>: There's a new YES Connect Webinar available. Hear perspectives on "<u>Crafting a Fulfilling Work/Life Blend</u>".
- Ophthalmology Quicksand Chronicles—Eureka Moments Podcast: Coming this spring: Podcast hosts Nicole Fram, MD, and Elizabeth Yeu, MD, are getting ready for Season 4! Catch up on the <u>latest episodes</u> and be sure to like and subscribe to receive alerts for Season 4.
- <u>ASCRS Grand Rounds:</u> ASCRS Grand Rounds 2.0 is now accepting case submissions for the 2024 season. Learn more about this unique opportunity <u>here</u>.

Helpful Links and Resources:

ASCRS YES Membership

ASCRS YES Education

ASCRS Clinical Education

ASCRS Online Tools

Official YES Hashtag: #ASCRSYES

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